

## ► Whom We Serve

As the oldest HIV/AIDS outreach agency in Alameda County, CAL-PEP performs prevention and education activities day and night, weekdays and weekends, in streets and alleyways, in homeless shelters, in crack houses, in substance abuse treatment facilities, in juvenile hall, in churches, in bars, on prostitute strolls, in schools, in youth centers, in barber shops, in parks, and at collaborating agencies through out the San Francisco Bay Area.

The agency is nationally recognized for its effective approaches to working with hard to reach, high-risk populations such as: youth, MSMs, homeless, substance users, the illiterate, sex workers, ex-offenders, marginally housed, the unemployed, African Americans, Latinos, and other underserved communities. According to the Alameda County Public Health Department 2002-2004 AIDS Report, almost 50% of reported HIV cases are among African Americans. Recognizing the urgency of the local epidemic, CAL-PEP works hard to meet the needs of those most affected. Our work takes us deep into East and West Oakland, as well as other communities throughout Alameda County and San Francisco with limited healthcare access.

CAL-PEP's work has helped pioneer effective prevention techniques such as street outreach, safer sex house parties, mobile HIV/STD/Hepatitis testing, and peer health educators. CAL-PEP makes an effort to hire from the community that it serves, including former drug users in recovery, former sex workers, and ex-offenders.

### WHAT IS HIV?

A virus (named *Human Immunodeficiency Virus*) that attacks the body's immune system. The immune system protects the body from germs and fights infections.

### WHAT IS AIDS?

*Acquired Immune Deficiency Syndrome* is the disease that results when HIV has severely weakened the immune system.

### HOW DO YOU GET HIV?

Body fluids that can transmit HIV are blood, sexual fluids from the penis or vagina, and breast milk. Common ways that HIV infection occurs include:

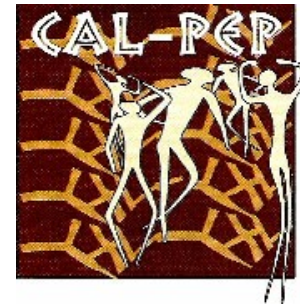
- Unprotected sex
- Sharing needles (including those used for tattoos or piercings)
- HIV+ pregnant women can pass HIV to their babies. This is preventable with proper medical care.

### HOW IS HIV PREVENTED?

- Practice safe sex
- Know your status and your partner's status
- Use clean needles
- Be aware that mixing drugs/alcohol with sex makes it harder to be safe

### DO I HAVE HIV?

- Testing and getting your result is the only way to know for sure. Contact us!
- CAL-PEP offers testing on a weekly basis. Please contact our office for more information



## **CAL-PEP: California Prevention & Education Project**

**Building Stronger  
Communities**

Phone: 510.874.7850  
[www.calpep.org](http://www.calpep.org)

## ► Who We Are

California Prevention Education Project (CAL-PEP) was co-founded in 1984 by its current executive director, Gloria Lockett. Previous to co-founding CAL-PEP, Ms. Lockett was a sex worker. She then worked as an HIV prevention outreach worker, where she observed that culturally appropriate outreach to sex workers was needed to address the developing HIV/AIDS epidemic, especially to African American and other minority sex workers who were vulnerable to both infection and unfair blame for the spread of HIV.

Soon after CAL-PEP was created, it became apparent that the need for HIV/AIDS education and prevention services went beyond the organization's original constituency and CAL-PEP began offering services to other high-risk, underserved, and marginalized populations including African Americans, women, LGBTQ individuals of color, youth, substance users (especially crack, heroin, ecstasy, and alcohol), needle users, the homeless, and ex-offenders.

Our mission is to provide accessible health education, disease prevention, risk reduction and support services to people at high risk for HIV/AIDS or those already infected in a culturally and linguistically appropriate way.

Contact us about our services, bringing HIV testing to your event, volunteering, or making a donation.

## ► What We Do

### Health Education

- HIV/AIDS prevention education targeting sex workers, LGBTQ community, substance users, male and female heterosexuals, youth, needle users, and those unaware of their risk
- STI, viral hepatitis, and tuberculosis education
- Risk reduction workshops, both street side and within community locations
- Safer sex parties
- SISTA Project-Evidence based health education model targeting African American women
- Treatment education for PLWHA
- Community forums
- HIV vaccine education

### Rapid HIV Testing (Results in 20 minutes)

- In-office testing—call for times
- Mobile testing in hard-to-reach, at-risk communities
- Testing at community events

### Youth Services

- Drop-in center
- Case management
- Services for sexually exploited minors and young sex workers

### Substance Abuse Counseling

- Individual and group counseling services to address substance abuse, risk reduction, recovery, and relapse prevention

### Outreach

- On-the-street education and referral in high risk areas

### Community Based Research

CAL-PEP has a well developed community based research and evaluation capacity. Current collaborative projects include:

- The Bruthas Project-Focus on non gay identified African American men who have sex with men
- Attitudes within the African American community to HIV vaccine clinical trials

### Prevention With Positives

- Individual and group health education, treatment advocacy, and transmission risk reduction counseling.
- Prevention Case Management/ Comprehensive Risk Counseling and Services

### Training

- Technical assistance in areas of outreach, community based research, and setting up rapid or mobile HIV testing programs.

Street Address:  
499 5th Street, Suite 306  
Oakland, CA 94607

Mailing Address:  
CAL-PEP  
PO Box 71629  
Oakland, CA 94612

Phone: 510.874.7850  
Fax: 510.839.6775  
Email: calpep@aol.com  
Website: www.calpep.org

